



The Employee Wellness Division awarded the Wellness Champions in Thaba Nchu for their stellar work in the region over the course of the year.



Thaba Nchu Wellness Champions awarded

The Mangaung Metro Wellness Division recently awarded the Wellness Champions in Thaba Nchu with certificates of recognition for their efforts in keeping Employee Wellness in the region alive.

Joined by Mr Gaongalelwe Makhetha and Mrs Baesi Mohlaloka from the Wellness Division, the champions celebrated their achievements at Naledi Sun Park. This was after paying homage to those who have lost the battle against HIV/Aids, and also advocating for an end to the abuse of elderly people, women and children.

The 13 Wellness Champions were awarded certificates for successfully completing training in HIV and Aids.

The training was offered in-house by MMM AIDS Unit Division.

Ms. Patricia Chakela, a Human Resource Officer in the region, received a special award in the form of a trophy for being a Wellness Champion since 2007 when the first group of champions was established in Thaba Nchu. She continues to serve as a link between staff and Wellness Division.

The rest of the Wellness Champions received trophies and medals for being actively involved in sport and serving as inspirations to other staff members to be physically fit and productive.

Wellness Coordinator, Mr. Gaongalelwe Makhetha said that it is the City Manager's wish that each Division in the municipality could have a Wellness Ambassador/ Champion who will link staff and

Wellness Division.

The champions on the same day tearfully bid farewell to one of their own, Mr Pule Selebano, who was a general worker in the region, and recently started as a Clerk in the Human Settlements directorate in Bloemfontein.

Divisions that do not have Wellness Champions are advised to nominate individuals who meet the following criteria to be part of the Wellness Champion Programme:

- Possess people skills
- Passionate about employee-wellbeing
- Respected by peers.
- Matured and well-mannered.
- Good in organizing and planning
- Communication skills
- Drive to achieve success
- Committed and hard working
- Maintaining confidentiality

MANGAUNG NEWS UPDATE

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